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# FACE YOUR FEARS ATHLETICS

## FYF ATHLETICS NEWS

### JUNE ISSUE

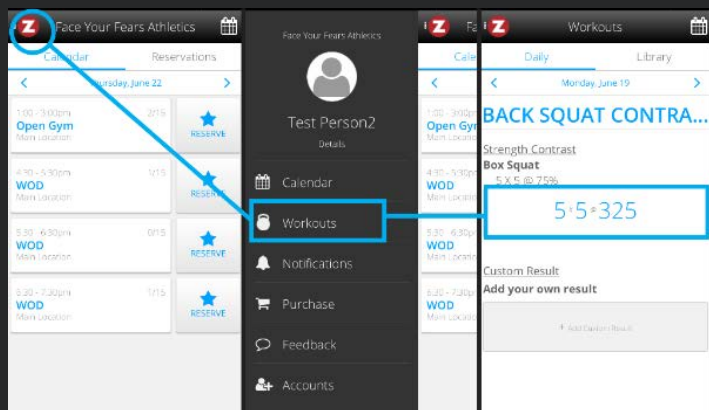
Hello everyone, we sorry for the delay in our Newsletter as we changed over our delivery system. Also if you have previously unsubscribed your status was not carried over and we apologize for the inconvenience.

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### MEMORIAL DAY MURPH RECAP

Now that you've selected a template to work with, drag in content blocks to define the structure of your message. Don't worry, you can always delete or rearrange blocks as needed. Then click "Design" to define fonts, colors, and styles.





### **NEW WORKOUT TRACKING**

One of the many great features now included in our new membership app is the ability to track your benchmark/standards for all of your workouts.

### **THE BOX CRAWL**

Recap



### **FEATURED MEMBER**

Insert featured member info here

## **EVENTS**

- **WORKOUT & WINE Ladies Night** **7/14/17**
- **Annual End of Summer BBQ** **8/5/17**

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### Register for a Free Trial

Would you like to get started with your journey at FYF Athletics...

**SIGN UP NOW**

### KEEP IN TOUCH

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